

Springhurst Elementary School

March 2023 Breakfast Menu

Free & Reduced Applications available on DFSD website under meals and other payments.

01

Scrambled Eggs &
Cheese on English
Muffin
Fresh Apples
Orange Juice
Milk

02

Cherry Frudel
Assorted WG Muffins
Mandarin
Grape Juice
Milk

03

French Toast Stick
w/Syrup
Assorted Cereals
Fresh Strawberries
Apple Juice
Milk

06

Chicken Sausage,
Eggs & Cheese Wrap
Assorted Cereals
Apple Sauce
Orange Juice
Milk

07

Warm Waffles w/Syrup
Assorted Muffin
Apple Slices
Grape Juice
Milk

08

WG Donuts
Assorted Cereals
Orange Wedges
Apple Juice
Milk

09

Boiled Eggs
w/Graham Crackers
Assorted WG
Muffins
Melon Wedges
Apple Juice

10

Breakfast Pizza
Assorted Muffins
Apple juice
Mandarin
Milk

13

Mini Pancakes
w/ Syrup
Assorted Cereals
Fresh Strawberries
Apple Juice
Milk

14

Fluffy Pancake
w/Syrup
Assorted Muffin
Grape Juice
Apple Slices
Milk

15

Chicken Sausage on a
Roll
Orange Wedges
Assorted WG Muffins
100% Fruit Juice
Milk

16

Cheesy Eggs on
English Muffin
Assorted Cereals
Melon Wedges
Orange Juice
Milk

17

French Toast Stick
w/Syrup
Banana Muffin
Apple Juice
Red Apples
Milk

20

Cheesy Egg
Breakfast Burger
Assorted Cereals
Orange Juice
Mandarin
Milk

21

Warm Waffles w/Syrup
Assorted Cereal
Applesauce
Orange Juice
Milk

22

Glazed WG Donut
Assorted WG Muffins
Melon Wedge
100% Fruit Juice
Milk

23

Cherry Frudel
Assorted Cereals
Fresh Strawberries
100% Apple Juice
Milk

24

Breakfast Pizza
Assorted Muffins
Apples Slices
Orange Juice
Milk

27

Turkey Bacon, Cheese
& Tater Tot Wrap
Assorted Cereal
Orange Wedges
Grape Juice
Milk

28

Fluffy Pancake
w/Syrup
Assorted WG Muffin
Fresh Apples
100% Fruit Punch
Milk

29

Chicken Sausage on a
Roll
Assorted Cereal
Melon Slices
100% Fruit Juice
Milk

30

Cheesy Eggs English
Muffin
Assorted Cereals
Fresh Strawberries
100% Fruit Juice

31

French Toast Stick
w/Syrup
Assorted WG Muffins
Mandarin
100% Fruit Juice
Milk

More info... Daily Breakfast Offerings

Assorted Whole Grain Muffins (Banana, Blueberry, Chocolate Chip)
Yogurt Parfait with Fresh fruit & Granola
WG Reduced Sugar Cereals served with Cheese Stick
Fresh Fruit & 100% Fruit Juice

More info... Any Questions or Concerns please contact
FSD Denise Delpesh 914-693-1500 ext: 3011.

"If you have an allergy please speak to the owner, manager,
chef or server."

**Paid breakfast price
\$1.25**

Springhurst Elementary School

Lunch Menu March 2023

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		01 Hamburger or Cheeseburgers Green Beans Baby Carrots Orange Smiles Milk	02 Mini Pancakes w/Chicken Sausage Tater Tots Celery Stick Applesauce Milk	03 Cheese or Pepperoni Pizza Steamed Broccoli Baby Carrots Slice Apples Milk
06 Mac & Cheese Breadstick Baby Carrots Green Beans Mandarin Milk	07 Popcorn Chicken Bowl Celery Stick Charro Black Beans Melon Milk	08 Warm Chicken Patty Sandwich Tomato Wedges Baby Carrots Mix Fruit Milk	09 French Toast Stick w/ Syrup Chicken Sausage Hash Brown Steamed Broccoli Applesauce Milk	10 Cheese or Pepperoni Pizza Tater Tots Baby Carrots Orange Wedges Milk
13 Pizza Stick w/Dipping Sauce Cauliflower Celery Stick Fresh Strawberries Milk	14 Chicken Nacho w/Rice Black Beans Carrot Stick Orange Wedges Milk	15 BREAKFAST ONLY BAG LUNCHES AVAILABLE UPON REQUEST	16 Mini Waffles w/Chicken Sausage 3 Beans Salad Celery Sticks Red Apple Milk	17 Cheese or Pepperoni Pizza Steamed Broccoli Baby Carrots Fresh Strawberries Milk
20 Chicken Nuggets Mashed Potato Celery Stick Orange Smiles Milk	21 Meatball Sub Tomato Wedges Charro Black Beans Apple Slices Milk	22 BREAKFAST ONLY BAG LUNCHES AVAILABLE UPON REQUEST	23 Pancake w/Chicken Sausage Brussels Sprout Hash Brown Melon Wedges	24 Cheese or Pepperoni Pizza Celery Sticks Baby Carrots Mandarin Milk
27 Grill Cheese Steamed Corn Celery Stick Fresh Apples Milk	28 Orange Chicken w/Noodles Steamed Broccoli Celery Stick Mandarin Milk	29 Cheesy Baked Penne Fresh Squash Baby Carrots Mix Fruit Milk	30 French Toast Stick w/Chicken Sausage Charro Black Bens Celery Sticks Fresh Strawberries Milk	31 Cheese or Pepperoni Pizza Tater Tots Baby Carrots Applesauce Milk

More info... Daily Breakfast Offerings

Fruits & Veggies: Local NY Apples, Oranges, Bananas Carrots, Celery, Cucumber and Legume Salad

(P) = Pork

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Daily Information: All meals Served with Choice of 1% milk, Fat Free Milk, Fat Free Chocolate Milk (Antibiotic & Hormone Free)

All Meals Offered with Fresh Fruit, 100% Fruit Juice and WG Dinner Rolls. Leafy Green Salads Served Daily